

BEND & STRETCH



with Zak
2024

Where? The Hub, 58 Walker Av, Mannum When? Fridays, commencing 1st March

Time: 11.15am or 12:30pm Price: \$5.00 contribution

(This price is a subsidised rate, if you are unsure ask us about your funding approval)

Includes: Activity and Afternoon Tea **Prices may vary dependent on venue





DON'T MISS OUT ON OUR NEXT BEND & STRETCH SESSION!

CONTACT US TO RESERVE YOUR PLACE:

PHONE: (08) 85 691 832 **EMAIL: RECEPTION@MMSS.COM.AU**

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